

MARCH 2010 MENU

The menu for Angel Food varies from month to month and all orders through Angel Food are ordered and picked up at local host sites; churches, organizations, schools and outreaches throughout the United States.

1. VIEW THIS MONTH'S MENU

2. FIND YOUR LOCAL HOST SITE

3. CONTACT HOST SITE TO ORDER

SIGNATURE BOX

Balanced Nutrition and variety with enough food to assist in feeding a family of 4 for a week.

\$30.00



2 lbs. Chopped Beef Steaks flavored with Dijon Mustard (4 x 8 oz.)



1 lb. Bacon Wrapped Turkey Breast Filet Mignon (4 X 4 oz.)



1 lb. Boneless Center Cut Pork Chops (4 x 4 oz.)



2 lb. Macaroni & Beef Dinner Entrée



2.5 lb. IQF Split Chicken Breasts (Re-sealable Bag)



1 lb. Lean Ground Beef



12" Supreme Pizza



1 lb. Frozen Peas & Carrots



1 lb. Frozen Whole Kernel Corn



2 lb. bag Fresh Apples



2 lb. Heat and Serve Broccoli & Cheese Soup



24 oz. Natural Cut French Fries (Skin-on)



6.5 oz. Stroganoff Skillet Meal



1 lb. Rice



Dozen Eggs

Each box contains one family dessert item

SENIOR/CONVENIENCE BOX

For Seniors or People on the Go! Ten perfectly seasoned, nutritionally balanced, fully-cooked meals - just heat and serve. Each meal has been developed with the dietary needs of Senior Citizens in mind and contains 3 oz. of protein, a starch and two vegetables or fruit.

\$28.00



Breaded Baked Fish over wild rice with green beans, corn and peas



Chicken Chow Mein over lo mein noodles, mixed vegetables and sauce, sugar snap peas and cauliflower



Swedish Meatballs over malfalda pasta in sauce, broccoli, carrot blend



Fettuccini Alfredo with carrots and broccoli, zucchini and Brussels sprouts



Meatloaf Patty with mashed potatoes and gravy, peas and carrots and cauliflower



Turkey and Dressing with gravy, green bean blend and corn



Chicken and Noodles with carrots and peas, corn and Brussels sprouts



Pot Roast with mashed potatoes, corn and green beans



Country Herb Chicken with mashed potatoes and sauce, broccoli and green bean blend



Chicken Broccoli Alfredo with broccoli, carrots and zucchini blend



Desserts: Assorted Cookies, Mixed Fruit Cup, Applesauce, Grape Juice, Apple Juice

5 LB. ALLERGEN-FREE FOOD BOX

5 lbs. of allergen free frozen foods processed to eliminate the top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!!

\$23.00



1 lb. Breaded Chicken Breast Chunks



1 lb. Breaded Formed Tenders



2 lb. Breaded Chicken Drumsticks



1 lb. Breaded Cube Steak

**Back by
Popular
Demand**

6 LB. PREMIUM SEAFOOD **\$35.00** VARIETY PACK

6 lbs. of ready to cook premium seafood.



**27 oz. Breaded Butterfly
Shrimp Tail-on (oven ready)**



10 oz. Cod Fillets



**17 oz. Crab Cakes
(oven ready)**



16 oz. White Fish Fillets



16 oz. Tilapia Fillets



**10 oz. Breaded Clam Strips
(oven ready)**

AFTER SCHOOL BOX

An assortment of child-friendly snacks. Great for after school or any time. Chicken items and bread sticks in resealable bags.

\$21.00

New Item!



14 oz. Bread Sticks Stuffed with Mozzarella (9 x 1.61 oz.)



1.5 lb. Fully Cooked Chicken Rings (Approximately 8 servings)



1.5 lb. Fully Cooked Chicken & Cheese Nuggets (Approximately 8 servings)



1.5 lb. Fully Cooked Mini Corn Dogs (36 count)

MARCH SPECIALS

Angel Food Specials can now be ordered individually with or without the purchase of one of the Standard Boxes.

special #1 6 lb. Assorted Meat Grill Box **\$23.00**



1.5 lb. Ribeye Steaks
(2 x 12 oz.)



1 lb. Chopped Beef Steak
Flavored with Real
Mozzarella Cheese (2 x 8 oz.)



1 lb. Chopped Beef Steak
Flavored with Real Mild
Cheddar Cheese (2 x 8 oz.)



1.5 lb. Italian
Sausage with Cheese



1 lb. Bacon Wrapped
Turkey Breast Filet Mignon (4 x 4 oz.)

special #3 10 lb. Boneless/Skinless Chicken Breast Box



10 lb. IQF Boneless/Skinless Chicken Breasts

\$20.00

special #2 4.5 lb. Assorted Meat & Chicken Combo

\$22.00



1.5 lb. New York Strips
(2 x 12 oz.)



1.5 lb. Bacon Wrapped
Beef Fillet (4 x 6 oz.)



1.5 lb. Bacon Wrapped
Chicken Breast (4 x 6 oz.)

special #4
4 x 4 Family Meal Kits

\$35.00

4 meal kits with all you need to feed a family of 4. 16 meals at \$2.20 per meal.

Turkey Kit



1.5 lb. Boneless Turkey Breast



1.5 lb. Potato Medley (Potatoes, Carrots, Onions and Celery)



1 lb. Green Beans

Split Whole Chicken Kit



3 lb. (avg.) Whole Split Chicken



1.5 lb. Potato Medley (Potatoes, Carrots, Onions and Celery)



1 lb. Green Beans

Beef Tips and Gravy Kit



1.5 lb. Choice Beef Tips in Gravy



1.5 lb. Rice Medley (Rice with Red & Green Peppers)

Pork Roast Kit



1.5 lb. Boneless Pork Roast



1.5 lb. Potato Medley (Potatoes, Carrots, Onions and Celery)



1 lb. Corn

special #5

Premium Fresh Fruit and Veggie Box

\$22.00

Eating healthy is never out of season with Angel Food's Premium Fresh Fruit and Veggie Box!



**1 Large Golden Ripe
Pineapple**



**1 Large Vine Ripened
Cantaloupe**



**1 lb. New Crop Chilean
White Seedless Grapes**



**1 Large Tree-
Ripened Mango**



1 Large Haas Avocado



**1 head Leafy Green
Cabbage**



**3 lb. bag Sweet
Potatoes (baking size)**



**2 lb. bag New Crop
Yellow Onions**



**3 lb. bag Idaho
Baking Potatoes**



**1 lb. Fresh California
Carrots**



**3 Variety Colored
Bell Peppers**



2 ct. Jumbo Garlic